

designs for health



**Recommended Use:** As a dietary supplement, take one softgel daily or as directed by your health care practitioner.

The phosphatidylcholine in this product is derived from soy.

This product does not contain wheat, yeast, soy protein, gluten, eggs, dairy, corn, artificial colors, flavors, sugars, or preservatives.



Uniquely formulated and distributed by:  
**Designs for Health, Inc.**  
2 North Road, East Windsor, CT 06088

## Phosphatidyl Choline Softgels Dietary Supplement

180 Capsules

### Supplement Facts

Serving Size 1 softgel

Servings Per Container 180

Amount Per Serving	% Daily Value
Phosphatidylcholine	420 mg *
(from 1200 mg of Soy Lecithin Concentrate)	

\*Daily Value not established.

**Other Ingredients:** Gelatin, glycerin.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

Item # PCS180