

designs for health



Recommended Use: As a dietary supplement, mix one packet (30 grams) in eight ounces of water or any other beverage, or as directed by your health care practitioner. PaleoMeal may be blended into a shake if desired.

PaleoMeal™: Highest Quality Ingredients and Formulation

PaleoMeal is designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness. PaleoMeal is made with an exceptional quality whey protein concentrate, which comes from herds that graze on disease-free, pesticide-free, chemical-free, natural grass pastures. These milking cows are not subject to any chemical, genetic or hyper-immunization influence. They are never given bovine growth hormone or any other hormones. No rBGH or rBST. They have no history of bovine disease and have never been fed any cannibalistic by-products. This whey protein concentrate is produced to maintain the fragile components naturally present in whole fresh milk including the immunoglobulins, lactoferrin and bovine serum albumin. The result is the highest quality protein formulation available.



Uniquely formulated and distributed by:
Designs for Health, Inc.
2 North Road, East Windsor, CT 06088

FEATURES



- ✓ 2.1 g Immunoglobulins
- ✓ 454 mg Lactoferrin
- ✓ Low Heat Processed
- ✓ High in Glutathione Precursors

PROPRIETARY NON-DENATURED WHEY PROTEIN



**PaleoMeal™
Packets**

Natural Vanilla Flavor

15 Packets (30 grams each)

PaleoMeal was not intended to be the sole source of calories, but as part of an overall program of healthy eating.

Allergen Information: This product does not contain fish, shellfish, peanuts, tree nuts, eggs, wheat, gluten, artificial colors, flavors or preservatives.

Better than Soy

Whey protein is nature's richest source of biologically active protein. Unlike soy protein, which is low in the amino acid methionine, whey protein contains all the amino acids the body needs in the best balance yet discovered in any food.

Whey protein is derived from milk. Lactase enzyme was added to aid in the digestion of the small amount of lactose in this product. Those who are sensitive to milk products may be able to tolerate this whey protein, however, if you are allergic to milk and milk products, use PaleoMeal under the guidance of your health care practitioner.

Proserum® is a registered trademark of Wellwisdom, LLC.

Chelazome and Chelavite are registered trademarks of Albion Laboratories Inc. Chelates covered by U.S. Patents 5,516,925, 5,614,553 and patents pending.

Nutrition Facts

Serving Size 30 grams
Servings Per Container 15

Amount Per Serving		% Daily Value	Amount Per Serving	% Daily Value
Calories	94.4	Calories from Fat 14	Vitamin B12	6 mcg 100%
		% Daily Value	(as Cyanocobalamin)	
Total Fat	1.6 g	2.5%*	Biotin (as d-biotin)	100 mcg 33%
Saturated Fat	0.65 g	3.3%*	Magnesium	48 mg 12%
Trans Fat	0 g	†	(as Buffered Glycinate Chelate)	
Cholesterol	26 mg	8.7%*	Zinc	3.3 mg 22%
Sodium	40 mg	1.7%*	(as Zinc Chelazome®Bis-Glycinate Chelate)	
Potassium	260 mg	7.4%*	Chromium	50 mcg 42%
Total Carbohydrates	2.8 g	1%*	(as Chromium Chelavite®Nicotinate-Glycinate Chelate)	
Dietary Fiber	0.8 g	3.2%*	Total Glutamine Value	3.9 g †
Soluble Fiber	0 g		Glutamic Acid (from Proserum®)	3 g
Insoluble Fiber	0.6 g		L-Glutamine	900 mg
Sugars	1.7 g	†	Flaxseed	2.5 g †
Protein	17 g	34%*	Immunoglobulins	2.1 g †
Vitamin C	90 mg	150%	(Proserum® Whey Protein)	
(as Ascorbic Acid)			Phosphatidylcholine	840 mg †
Vitamin E	20 IU	67%	(from Soy Lecithin)	
d-gamma tocopherol	40 mg		Conjugated Linoleic Acid (CLA)	120 mg †
d-delta tocopherol	17 mg		Taurine	95 mg †
d-alpha tocopherol	9 mg		n-zymes™	50 mg †
d-beta tocopherol	1 mg		Amylase	2200 DU
Vitamin B1	2.5 mg	166%	Protease 4.5	5000 HUT
(as Thiamine Mononitrate)			Protease 3.0	10.7 SAPU
Vitamin B2 (as Riboflavin)	2.1 mg	123%	Protease 6.0 (Concentrate)	2000 HUT
Vitamin B3	4 mg	20%	Lactase	400 ALU
(as Niacinamide)			Inositol	48 mg †
Vitamin B6	2.5 mg	125%		
(as Pyridoxine HCl)				
Folic Acid	200 mcg	50%		

Other Ingredients: Natural french vanilla flavor, natural creamy vanilla flavor, natural vanilla flavor.