

Recommended Use: As a dietary supplement, mix one scoop (30 grams) in eight ounces of water or any other beverage, or as directed by your health care practitioner. PaleoMeal may be blended into a shake if desired.

PaleoMeal™: Highest Quality Ingredients and Formulation

PaleoMeal is designed to help promote an optimal intake of protein, fats, carbohydrates, vitamins and minerals needed for overall wellness. PaleoMeal is made with an exceptional quality whey protein concentrate, which comes from herds that graze on disease-free, pesticide-free, chemical-free, natural grass pastures. These milking cows are not subject to any chemical, genetic or hyper-immunization influence. They are never given bovine growth hormone or any other hormones. No rBGH or rBST. They have no history of bovine disease and have never been fed any cannibalistic by-products. This whey protein concentrate is produced to maintain the fragile components naturally present in whole fresh milk including the immunoglobulins, lactoferrin and bovine serum albumin. The result is the highest quality protein formulation available.



Uniquely formulated and distributed by:
Designs for Health, Inc.
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designs for health



FEATURES



- 2.1 g Immunoglobulins
- 454 mg Lactoferrin
- Low Heat Processed
- High in Glutathione Precursors

PROPRIETARY NON-DENATURED WHEY PROTEIN



**PaleoMeal™
 Packets**

Natural Chocolate Flavor

15 Packets (30 grams each)

PaleoMeal was not intended to be the sole source of calories, but as part of an overall program of healthy eating.

Allergen Information: This product does not contain fish, shellfish, peanuts, tree nuts, eggs, wheat, gluten, artificial colors, flavors or preservatives.

Better than Soy

Whey protein is nature's richest source of biologically active protein. Unlike soy protein, which is low in the amino acid methionine, whey protein contains all the amino acids the body needs in the best balance yet discovered in any food.

Whey protein is derived from milk. Lactase enzyme was added to aid in the digestion of the small amount of lactose in this product. Those who are sensitive to milk products may be able to tolerate this whey protein, however, if you are allergic to milk and milk products, use PaleoMeal under the guidance of your health care practitioner.

Proserum® is a registered trademark of Wellwisdom, LLC.

Chelazome and Chelavite are registered trademarks of Albion Laboratories Inc. Chelates covered by U.S. Patents 5,516,925, 5,614,553 and patents pending.

Nutrition Facts

Serving Size 30 grams
 Servings Per Container 15

Amount Per Serving		% Daily Value	Amount Per Serving	% Daily Value
Calories	95.6	Calories from Fat 14		
		% Daily Value		
Total Fat	1.6 g	2.5%*	Vitamin B12	6 mcg 100%
Saturated Fat	0.65 g	3.3%*	(as Cyanocobalamin)	
Trans Fat	0 g	†	Biotin (as d-biotin)	100 mcg 33%
Cholesterol	26 mg	8.7%*	Magnesium	48 mg 12%
Sodium	40 mg	1.7%*	(as Buffered Glycinate Chelate)	
Potassium	260 mg	7.4%*	Zinc	3.3 mg 22%
Total Carbohydrates	3.1 g	1%*	(as Zinc Chelazome®/Bis-Glycinate Chelate)	
Dietary Fiber	0.8 g	3.2%*	Chromium	50 mcg 42%
Soluble Fiber	0 g		(as Chromium Chelavite®/Nicotinate-Glycinate Chelate)	
Insoluble Fiber	0.6 g		Total Glutamine Value	3.9 g †
Sugars	1.85 g	†	Glutamic Acid (from Proserum®)	3 g
Protein	17 g	34%*	L-Glutamine	900 mg
Vitamin C	90 mg	150%	Flaxseed	2.5 g †
(as Ascorbic Acid)			Immunoglobulins	2.1 g †
Vitamin E	20 IU	67%	(Proserum® Whey Protein)	
d-gamma tocopherol	40 mg		Phosphatidylcholine	840 mg †
d-delta tocopherol	17 mg		(from Soy Lecithin)	
d-alpha tocopherol	9 mg		Conjugated Linoleic Acid (CLA)	120 mg †
d-beta tocopherol	1 mg		Taurine	95 mg †
Vitamin B1	2.5 mg	166%	n-zymes™	50 mg †
(as Thiamine Mononitrate)			Amylase	2200 DU
Vitamin B2 (as Riboflavin)	2.1 mg	123%	Protease 4.5	5000 HUT
Vitamin B3	4 mg	20%	Protease 3.0	10.7 SAPU
(as Niacinamide)			Protease 6.0 (Concentrate)	2000 HUT
Vitamin B6	2.5 mg	125%	Lactase	400 ALU
(as Pyridoxine HCl)			Inositol	48 mg †
Folic Acid	200 mcg	50%		

Other Ingredients: Milk chocolate flavor (natural), cocoa powder, xylitol, stevia.